



Activity: Big Deal or Little Deal?

Materials: Links to Assist: [Feelings Train Review and Big Deal Little Deal Differences](#) ;
Books to Assist: [Big Deals and Little Deals](#)

Grade Range: PreK-2

Time: 20 minutes ** Consider using the hand raise/thumbs up feature of your virtual platform to assist with determining who will answer **

Synopsis: Mentors will talk with students about what is considered to be a 'Big Deal' vs. a 'Little Deal', how we know, and what to do in both situations. This lesson pairs with our 'Big Deal vs. Little Deal' game icebreaker.

Instructions:

1. Mentors will begin the lesson by showing the YouTube read aloud (or, alternately, reading the book Big Deals and Little Deals).

2. Explain to the students how, when something is considered a big deal, we should be aware of our emotions during it. Is it okay to begin screaming and yelling? Is it okay to retaliate? Is remaining calm and seeking out an adult a better choice? How do big deals make us feel? How do little deals make us feel?

3. Read the below statements to the students. Ask them to give you a thumbs up if they feel it is a big deal or a thumbs down if they feel it is not a big deal.

4. When all statements have been read, talk with students about how they know how to recognize when something is a big vs. little deal.

- What are characteristics of 'big' and 'little' deals? Be sure to ask for student responses here.

Examples of big deals might include: something unsafe, something that breaks the rules, something that is inappropriate – these problems are problems that you can't solve yourself

Examples of little deals might include: it's annoying, it hurts my feelings, or I don't like it – these are problems that you can solve yourself

How do we handle 'big' deals? By seeking out adult attention

How do we handle 'little' deals? By solving the problem on our own



BIG DEAL OR LITTLE DEAL

- **Someone steals your pencil**
- **A friend falls off of the swing and is bleeding**
- **Your friend says you are not nice**
- **Someone pushes you**
- **Someone takes your lunch**
- **Someone is tapping their pencil on their desk**
- **You got the wrong answer on a test**
- **You feel like you are going to throw up**
- **The substitute teacher changes the schedule**
- **You miss the bus to school**