



**Ice Breaker:** An Ode to My Phone . . .

**Materials:** Paper and writing utensil

**Grade Range:** 6-8

**Time:** 10 minutes \*\* Consider using the hand raise/thumbs up feature of your virtual platform to assist with determining who will answer \*\*

**Synopsis:** Students and Mentors will write a love letter to their favorite device after which they will share with their classmates. When they have completed their letter, students will share out. This ice breaker pairs with our “Who Me?! Addicted to Technology?” lesson.

**Instructions:**

1. Mentors will let the students know that they will have about 8 minutes or so to write a short, 3-5 sentence love letter to their cell phone/favorite device.
2. Remind students that when they have completed their love letter, you will be looking for a few volunteers to share with the group.

You can share the example below with the students:

**Dearest Phone:**

**Roses are red. Violets are blue. You are silver and I love you.  
You help me to text, you help me to google, you help me to snapchat, and you  
help me to doodle. I love you for all that you can do. I love you for you.**

**Love,  
Kate**

3. Have students share their poems when you are done. When all have shared who want to, ask students what they thought about this assignment...it's a bit crazy, right? Why? This is the perfect opportunity to move into the topic of technology addiction and knowing our limits.