



Ice Breaker: Two Truths and A Lie

Materials: (optional) A piece of paper and a pencil (although most kiddos should be able to remember theirs without needing to write it down!)

Grade Range: 3-5

Time: 20 Minutes

** Assigning students a number prior to starting this activity will help guide who goes next.**

Synopsis: Students and Mentors will each come up with two truths and a lie about themselves. This is a fun way for students and mentors to get to know one another and to share some fun facts and laughs!

Instructions:

1. Introduce the game to the students. Let them know that you will give them about 3 minutes or so to think of their two truths and a lie. Call on one mentor to provide an example for the students: 'My middle name is Robert. When I was 8, I won a hotdog eating championship after eating 12 hotdogs in a row in 15 minutes. I have six kids' (Encourage students to mix up their truths and a lie so it's a little bit trickier.)
2. Ask students to raise their hand/toss a thumbs up (either virtually or in reality) and call on no more than three students to guess which one is the lie.
3. After the example has been demonstrated, and the lie has been guessed, go ahead and call on student number 1 to share their two truths and a lie. After they have shared, they can call on no more than 3 of their friends to guess which is the lie. When the lie has been guessed, they can move on to the next student.
4. Please keep in mind that while it is okay to encourage students to participate, they should not be pushed to share. It can be intimidating! Hopefully if any are feeling uncertain, they will gradually begin to feel more comfortable as they watch/listen to their classmates share out.