



Materials:

- Lesson plan printout

Instructions:

- Pair the students up in groups of two
- Make copies for each group and pass them out
- Discuss with students the importance of having a growth mindset and ask for examples of what it means to have a growth mindset
- Explain to the students that they will be completing a growth mindset escape room
- The first person to solve the clue wins, but don't give the answer until all students have the answer.
- At the end you may need to explain the word PERSEVERE to the students or ask for volunteers to explain the word.

Grade Range: 4-6

Time: 15-20 minutes

Synopsis: Students will be asked to determine the growth mindset response to solve the word that answers the question.

You are trapped!

Your only way out is to find the special phrase that will open the door and let you out. Use your problem solving skills and growth mindset to crack the code in order to make your way out.

Pick the growth mindset phrase you might say in each situation.

You failed a test.

- "I always do bad on tests, I give up."
- Letter C
- "I should keep trying, let me see what I did wrong so I can learn."
- Letter P

Your teacher assigned difficult homework.

- "This is too hard for me, I don't want to do it."
- Letter A
- "I'm going to use my tools and resources to figure this out."
- Letter E

Your friend made the basketball team but you didn't.

- "I'm happy for my friend he deserves it.
- R

- "Why does good things always happen to other people.
- G

You raised your hand in class and gave the wrong answer.

- "Everyone makes mistakes and it is how we learn."
- S
- "I never do anything right."
- Letter N

You have a ton of homework tonight.

- "I can't finish all of this."
- Letter D
- "I will start right away, I can do it."
- Letter E

Your art project didn't turn out the way you planned."

- "This looks awful, I'm going to throw it in the garbage
- Letter T
- "It's not perfect, but my art skills are getting better."
- Letter V

Math is not your best subject and you have to stay in for recess to do makeup work.

- "I hate math and I want to go outside and play with my friends."
- Letter B
- I can increase my grade if I work hard and focus."
- Letter E

Your room is a mess.

- "I will feel better when I have a clean environment."
- Letter R

- "I hate cleaning."
- Letter F

I got in trouble because I was talking when I wasn't supposed to.

- "I can stop getting in trouble if everyone stopped bothering me."
- Letter H

- "I will reduce the times I get in trouble by paying more attention in class."
- Letter E

Question:

- What can you do when you are faced with a challenge?
- _____
- Conclusion- There is no success without failure!

