

ICE BREAKER: PICK A TOPIC

Grade Range: 4-8 (Life Skills)

Time: 20-25 minutes

Synopsis: Mentors will talk to students and get to know them through questions and

answers.

Materials:

• Colored popsicle sticks (red, blue, yellow, green, purple, orange) OR colored crayons. Approximately 3 of each color

- A paper bag for the popsicle sticks or crayons
- Pick A Topic sheet (1 per student)

Instructions:

Begin activity by explaining that this is a "get to know you activity" and that we will be working in groups of 4-5 with our mentors.

- 1. Each student will take turns pulling out a color and answering the question that corresponds to that color. If they pull out a color more than once they can put the stick or crayon back in the bag and reselect another color.
- 2. Go around the table until all students are finished. Adults, please feel free to participate in the activity with the students!

PICK A TOPIC

- Tell your favorite color
- Tell your favorite app
- Tell your favorite sport
- Tell your favorite animal
- Tell your favorite TV Show
- Tell your favorite holiday