

ICE BREAKER: POP A BALLOON

Grade Range: Pre K-3 (Life Skills)

Time: 15-20 minutes

Synopsis: Mentors will get to know students and build community in the classroom.

Materials:

- Balloons (10 per group) OR more if you like
- Question Strips to go inside of balloons
- String
- Safety pins 4-5

Instructions:

Begin the activity by explaining to the students that this is a “get to know you activity”.

1. Students will get into groups of 3-4 with 1-2 mentors.
2. Mentors will hold pre-made balloons on string.
3. Students will take turns popping a balloon and answering the question inside the balloon.
4. Sample question strips below. Add questions at your leisure.

Please cut and put inside of balloons. One question per balloon.

What is your favorite pizza topping?

What is your favorite subject in school?

Do you have pets at home? What kind of pet?

Where were you born?

Share something unique about yourself?

If you could have anything for dinner, what would it be?

What is your favorite outdoor activity?

What was the best thing about school last year?

Share something new about yourself?

What qualities do you look for in a friend?