

Ice Breaker: The Power of “Yet”

Grade Range: 4-6 **Time:** 10 Minutes

Synopsis: Students are introduced to the concept of “Growth Mindset” with a focus on getting to know one another, communication, and presentation skills

Materials:

- Paper
- Writing tool

Instructions:

- 1.** Students partner up with a friend. They make a list of things they struggle with in school – friendships, lessons, homework, etc. Students are to begin each sentence with, “I can’t...”
- 2.** After students complete their list, they all come back together in large group.
- 3.** Each partnership stands. The first person reads one thing off of their list (EX: “My name is Kate and I can’t multiply...”) The entire class responds by shouting out, “YET!” and the student then reintroduces themselves (EX: My name is Kate and I can’t multiply YET!”)

**** Talking Points:** Explain to students the difference between a fixed vs. growth mindset. Things may seem tricky at first, but by persevering, they will get it! Effort makes you stronger!