

Ice Breaker: Boom Chicka Boom (Life Skills)

Grade Range: PreK-6 **Time:** 10 Minutes

Synopsis: Students are asked to repeat a silly phrase, in a pattern, after their mentors (with the addition of silly voices!)

Materials:

- None

Instructions:

- Students gather in a circle (either standing or sitting is fine) with their mentors mixed in amongst the crew
- Mentor begins: “I say BOOM”
- Students: “I say BOOM”
- Mentor: “I say boom-chicka!”
- Students: “I say boon-chicka!”
- Mentor: “I say boom-chicka-boom!”
- Students: “I say boom-chicka-boom!”
- Mentor: “I say boom-chicka-rocka-chicka-rocka-chicka-boom!”
- Students: “I say boom-chicka-rocka-chicka-rocka-chicka boom!”
- Mentor: “Oh yeah!”
- Students: “Oh yeah!”
- Mentor: “One more time!”
- Students: “One more time!”
- Mentor: “Opera voice! I say boom-chicka-boom!” (In silly operatic voice...carry on using a variety of different voices – rap voice, whisper voice, mouse voice, etc.)